



Being with Jesus:

A Devotional From the Book of Mark

Scripture

“Do not cast me away when I am old;
do not forsake me when my strength is gone.” — Psalm 71:9

“Keep your lives free from the love of money and be content with what you have, because God has said, ‘Never will I leave you; never will I forsake you.’ So we say with confidence, ‘The Lord is my helper; I will not be afraid. What can mere mortals do to me?’” — Hebrews 13:5-6

“And surely I am with you always, to the very end of the age.” — Matthew 28:20

Prayer:

Father, thank You that You are always with me. Help me to take life one step at a time. I trust that You know the future and will not give me more than I can handle. I chose to look to You and Your strength for my support. Amen.

Reflection

Often times when we have anxiety about a future event, it is because we are picturing the future, but not including God in the picture. We worry about what will happen at this or that event, or in this or that circumstance or conversation. There is no predicting the future, but we try to figure out how we will react in every possible scenario that could play out. We wonder if we'll have the strength, wisdom, or power to make it through.

If you find yourself looking into the future with fear in your heart, make sure that you start taking God into account. He will not cast you away when you are old. He will not forsake you along the way. Jesus said that he would be with us to the very end of the age. You are not alone! You will not be alone in the future! God is with you every step of the way. God does not cast us away. Here are two recommendations if you are fearful about the future:

- 1) Stop looking so far into the future. We are called to take each day as it comes (Matthew 6:34).
- 2) Remember that we cannot predict whether or not certain events will even happen, but we can know that God will be with us no matter what. He will be the thing that gets us through whatever may come.

Questions

Do you ever worry yourself while trying to predict what may happen in the future?

Do you count on God being with you when you think about the future?

How does it feel to know that God will be with you throughout your whole life?